### DELAWARE BOARD OF EXAMINERS OF NURSING HOME ADMINISTRATORS

#### APPROVED CONTINUING EDUCATION COURSES AUGUST 1, 2007 – JULY 31, 2009

Last Revised: 12/22/2008

The Delaware Board of Examiners of Nursing Home Administrators automatically accepts any course approved by the NAB.

Per Rule and Regulation 13.3.4, "Those self-instruction or home study courses, video computer-assisted programs, and teleconferences, pre-approved by the Board, may be accumulated at no more than twelve hours per renewal period."

## Activities for Geriatric Enrichment (AGE), 525 S. Spinnaker Lane, Milton, DE 19968 (Phone: 302-684-2755), email: www.QualityAge.Net

(Approved 7/10/2007)

Promoting Quality of Life – 5.0 hrs

What's So Special About Special Events? – 5.0 hrs

Laughter is the Best Medicine, A Humorous Approach to Quality of Life in Long- term Care – 5.0 hrs The ABC's of Dream Weaving – 5.0 hrs

The Name of the Game is Quality of Life. Are We All Playing on the Same Team? – 5.0 hrs

Its About Time – 5.0 hrs

Culture Change - 5.0 hrs

Getting Started Along the Path to Culture Change – 5.0 hrs

There's No Place Like Home...Or is There? A Closer Look at Culture Change – 5.0 hrs

Changing the Culture of Care Planning – 5.0 hrs

The Power of Circles - 5.0 hrs

Understanding the Application of Activity Programming w/ Individuals w/ Special Needs – 5.0 hrs

Assessment, the Key to Documentation – 6.0 hrs

New Survey Process for f248/249 - 6.0 hrs

#### Alzheimer's Association, 2306 Kirkwood Highway, Wilmington, DE 19805 (Phone: 302-633-4420)

## Alzheimer's Association – Delaware Valley Chapter, 100 S. Main St, Ste. 211 (Phone: 302-514-6510; Fax: 302-514-6516

Foundations of Dementia Care – 3.0 or 4.0 hrs (depending on program)

## <u>Alzheimer's Association – Delaware Valley Chapter, 240 N James, Ste. 100A, Newport DE 19804</u> (Phone: 302-633-4420; Fax: 302-633-4494

A Myriad of Education and Research – 2.5 hrs

# American Health Care Association, 1201 L. Street NW, Washington, DC 20005-4014 (Phone: 202-842-4444)

#### **Bergen County Department of Health Services**

Capital Healthcare, 1225 Walker Road, Dover, DE 19904 (302-734-1199)

#### CE International, P.O. Box 210393, Bedford, TX 76095 (800-577-5703)

<u>Chesapeake Health Education Program (CHEP), Building 82H-1<sup>st</sup> Floor, Perry Point, MD 21902</u> (Phone: 410-642-1195), email: www.chepinc.org

Consumer Energy Education Group, 861 Silver Lake Blvd., Cannon Building, Dover, DE 19904 (Phone: 302-739-3226)

The Delaware Academy of Family Physicians, P.O. Box 8158, Wilmington, DE 19803 (302-479-5515

<u>Delaware Council of Activity Professionals, 40 W. Mt. Vernon Street, Smyrna, DE 19977 (302-659-1102)</u>

<u>Delaware Health Care Facilities Association, 726 Loveville Road, Suite 3000, Hockessin, DE 19707</u> (Phone: 302-235-6895), email: www.dhcfa.org

August 22, 2007 – DHCFA Educational Seminar – 6.0 hrs

September 5, 2007 - DHCFA Educational Seminar - 5.5 hrs

September 20, 2007 - 14th Annual Educational Conference & Trade Show - 5.0 hrs

January 16, 2008 - Legislative Conference - 3.5 hrs

February 12, 2008 – Educational Seminar: MDS Intensive – 5.0 hrs

July 16, 2008 - Culture Change/Person Directed Care Joint Conference - 4.0 hrs

August 20-21, 2008 – DHCFA's Educational Seminar-PREPARE: Train the Trainer Disaster Training – 14.0 hrs

September 18, 2008 – 15<sup>th</sup> Annual Educational Conference & Trade Show – 5.0 hrs

October 22, 2008 - DHCFA Educational Conference - 6.0 hrs

Ten Danger Zones for Supervisors Training Video Set – 7.5 hrs

Innovations in the Quality of Life CMS/Pioneer Broadcast – 2.5 hrs

Medication Training Video - .75 hrs

Special Needs of the Elderly - .75 hrs

Psychosocial Needs of the Elderly - .75 hrs

Assisting with ADLs - .75 hrs

Assisted Living Regulatory Educational Forum – 4.0 contact hours

DHCFA's Educational Seminar on 12/10/08 – 3.5 contact hours

Innovations in the Quality of Life CMS/Pioneer Broadcast – 2.5 contact hours

Medication Training Video - 0.75 contact hours

Special Needs of the Elderly - 0.75 contact hours

Psychosocial Needs of the Elderly - 0.75 contact hours

Assisting with ADLs - 0.75 contact hours

Choice and Challenge Caring for Aggressive Older Adults - 0.5 contact hours

HIPAA 101 - 1.0 contact hours

The Role of Mood Stabilizers in Treating Agitation - 0.5 contact hours

Alcoholism - 0.5 contact hours

Breast Cancer - 0.5 contact hours

Breast Lumps – 0.5 contact hours

CAN's and Their Role in SNF's – 0.5 contact hours

Medicare and PPS - 1.0 contact hours

Corporate Compliance is Everybody's Business – 1.0 contact hours

Sex and Sexuality in Long Term Care – 1.25 contact hours

Best Practices in Pressure Ulcer Prevention, Treatment & Natural Status – 6.0 contact hours

Proper Use of Restraints – A Balancing Act – 4.0 contact hours

MDS-The Final Rule-Automation of MDS - 4.0 contact hours

Depression Management in LTC – 0.5 contact hours

Handle with Care - 0.5 contact hours

Medical Device Reporting – 1.25 contact hours

Quality Care! Surveyor Study Guide for LTC Facilities – 0.5 contact hours

Cataracts – 0.5 contact hours

Gallstones – 0.5 contact hours

Migraine and Other Headaches – 0.5 contact hours

Ulcers (Gastrointestinal) - 0.5 contact hours

Coronary Artery Disease and Angina Pectoris – 1.0 contact hours

Diabetes Mellitus - 1.0 contact hours

Heart Failure and Pulmonary Edema – 1.0 contact hours

Hypertension – 1.0 contact hours

Myocardial Infarction – 1.0 contact hours

Aging in Place – 0.5 contact hours

Emergency Preparedness – 0.5 contact hours

Fire Prevention and Safety – 0.5 contact hours

Mock OSHA Inspection, Part I – 0.5 contact hours

Mock OSHA Inspection, Part II – 0.5 contact hours

Mock OSHA Inspection, Part III – 0.5 contact hours

Fire Safety in Nursing Facilities – 1.0 contact hours

Every One Wins: Quality Care Without Restraints – 2.0 contact hours

Frontline PPS Training for Nursing Assistants – 2.0 contact hours

The Fall Prevention Program – 0.5 contact hours

We Are in the People Business, Part I & II – 6.0 contact hours

## <u>Delaware Health & Social Services, 1901 North Dupont Hwy, New Castle, DE 19720 (Phone: 302-255-9050)</u>

#### Delaware Healthcare Association, 1280 S. Governors Ave., Dover, DE 19904 (Phone: 302-674-2853)

#### Delaware Hospice, Delaware End of Life Coalition, and Others

October 10, 2008 - Understanding Developmental Disabilities and End of Life Issues – 4.0 hrs

## <u>Delaware Hospital for the Chronically III (DHCI), 100 Sunnyside Rd., Smyrna, DE 19977 (Phone:</u> 302-223-1000)

#### <u>Division of Developmental Disabilities/Office of Training and Professional Development</u>

Legal Aspects of Documentation of Person Care – Crucial Aspects of Documenting that Ensures Patient Safety – 2.0 hrs

#### **DHSS Division of Long Term Care Residents Protection**

Optimizing Pharmacological Strategies for the Demented Resident – 4.75 hr

# Governor Bacon Health Center, P.O. Box 559, Delaware City, DE 19706 (Phone: 302-836-2550 x 286) Health Care Association of NJ, 4 AAA Drive, Suite 203, Hamilton, New Jersey 08691, (Phone: 609-890-8700), email: www.hcanj.org

HCANJ 60<sup>th</sup> Annual State Health Car Convention and EXPO – October 28-30, 2008 – 8.0 hrs

# <u>Institute for Natural Resources, PO Box 272027, Concord, CA 94527-2027 (925-609-2820) – NAB Approved</u>

Eating for Peak Performance – 3.0 hrs

His Brain/Her Brain - 6.0 hrs

Aging Brain/The Rejuvenated Brain – 6.0 hrs

Successful Aging – 6.0 hrs

Low Back Pain - 3.0 hours

Domestic Violence: The Hidden Epidemic – 3.0 hrs

Knee Pain: A Clinical Update - 3.0 hrs

Lung-Savers: Ending Tobacco Use - 3.0 hrs

Fast Food Traps – 3.0 hrs

Chronic Pain - 6.0 hrs

Pharmacological Interventions for Children with ADHD – Home Study – Ongoing – 3.0 hrs

ADHD: Latest Diagnostic Guidelines - Home Study - 3.0 hrs

Alternative and Behavioral Treatments of ADHD - Home Study - 3.0 hrs

Learning Disabilities other than Dyslexia - Home Study - 3.0 hrs

ADHD in Adults" – Home Study – 3.0 hrs

Dyslexia in Adults – Home Study – 3.0 hrs

Splitting the Brain - Home Study - 3.0 hrs

Smart Drugs? – Home Study – 3.0 hrs

Women's Health: Chronic Pain" – 3 hrs

Women's Health: Depression - 3 hrs

Women's Health: Insomnia – 3 hrs

Women's Health: Menopause - 3 hrs

Autism: Pervasive Developmental Disorder – 3 hrs

Anti-Anxiety Drugs – 3 hrs

Arthritis and Rheumatic Diseases - 3 hrs

Brain and Stress: Disorders and Coping Strategies – 3 hrs

Can You Type? Type 1 vs. Type 2 Diabetes – 3 hrs

Chocolate: Food, Drug, or Preventative Medicine? – 3 hrs

Chronic Fatigue Syndrome: The Prognosis Improves – 3 hrs

Cognitive Behavior Therapy – 3 hrs

Eating Disorders: Anorexia, Bulimia, Binge Eating, & Orthorexia' – 3 hrs

Fibromyalgia – 3 hrs

Food Cravings and Appetite Control – 3 hrs

Head Ache – 3 hrs

Heart Health – 3 hrs

Hepatitis A – 3 hrs

Hepatitis C - 3 hrs

Herbs for Menopausal Women - 3 hrs

High-Fat/High-Protein Diets – 3 hrs

Loss of Control: Fighting Back with Full Strength - 3 hrs

Memory and Amnesia – 3 hrs

Mild Brain Injury – 3 hrs

Neurotransmitters: The Bridges of the Brain – 3 hrs Omega-3 Fatty Acids: A Clinical Update – 3 hrs

The Pain Mutiny – 3 hrs The Pain Truth – 3 hrs

Paradise Regained: Achieving Remission in Depression – 3 hrs.

Poles Apart: Unipolar vs. Bipolar Depression – 3 hrs

Prevent Breast Cancer - 3 hrs

Rx for Women - 3 hrs

Snacking: An Opportunity for Better Health? – 3 hrs

Some Nerve – 3 hrs

Stop Losing Sleep – 3 hrs

Sugar, Sugar: Management of Diabetes – 3 hrs

Topic of Cancer - 3 hrs

Virus Alert: Smallpox & West Nile Viruses – 3 hrs

Vitamin C, E, and Folic Acid: Three Efficacious Vitamins – 3 hrs

Wide Bodies: Children, Obesity, and Diabetes - 3 hrs

Alzheimer's: Prevention of the Disease and Other Dementias – 3hrs

Medical Ethics: A Clinical Update - 3 hrs

Non-HIV/AIDS Sexually Transmitted Diseases – 3 hrs

Non-Traditional Approaches: Anxiety, Insomnia, & Depression – 3 hrs

Obesity and Hormones – 3 hrs

Over the Counter Pain Medication: A Clinical Update – 3 hrs

Stimulants: Caffeine, Amphetamines, and Appetite Suppressants – 3 hrs

Stop Gaining Weight – 6 hrs

Stress and Eating – 3 hrs
Successful Aging – 4 hrs
Thyroid Disorders – 3 hrs
The Common Cold and Flu – 3 hrs
Food Allergies – 3 hrs

Germs: Bacteria, Viruses, Fungi, Protozoa & Helminthes – 3 hrs

HIV/AIDS - 3 hrs

Irritable Bowel Syndrome & Inflammatory Gastrointestinal Disorders – 3 hrs

Skin Allergies, Skin Care, and Wrinkles - 3 hrs

Malpractice: An Update for Health Professionals – 3 hrs

Low-Carb Diets - 3 hrs

Obesity and Low Fat Diets – 3 hrs Arthritis, Diet, and Exercise – 3 hrs Asthma and Allergies – 3 hrs

Autoimmune Disease and Multiple Sclerosis – 3 hrs

Parkinson's disease and ALS - 3 hrs

Essential Vitamins – 3 hrs
Positive Psychology – 3 hrs
Stress & Depression – 3 hrs

#### Marywood University, Scranton, PA 18509 (570-340-6237)

# Mental Health Association In Delaware, 100 W 10<sup>th</sup> St, Wilmington DE 19801 (Phone: 302-654-6833; Fax: 302-654-6838

September, 25, 2008 - Suicide Prevention Conference - 5.5 hrs

Paradise CEU's, 477 Millbrook Circle, Shepherdsville, KY 40165 (Phone: 866-324-2387), www.paradiseceus.net –NAB Approved

Parkview Nursing & Rehabilitation, 2801 W. 6<sup>th</sup> Street, Wilmington, DE 19805 (302-655-6135)

Penn State Dubois, Continuing Education, College Place, Dubois, PA 15801 (814-375-4715)

Quality Insights of Delaware, 3411 Silverside Road, Baynard Building, Wilmington, DE 19810 (Phone: 302-478-3600)